

Proximity Experience:

The subject is positioned as short distance away from the generator (about 2 feet) The greater the distance away, the gentler the energy feels to the subject (3 to 4 feet away, this is recommended for children and elderly people) During the experience, the subject should not be in contact with any metal or electrically conducting or damp objects. All jewelry(watches, earrings, necklaces,coins,etc....."ALL METALS") should be removed from the person and placed behind them (out of the radiating field) 7 feet away or further if possible. Do not sit on any metal chairs as the energy will collect to metals and could alter the experience. Follow the chart provided for the recommended times.

Contact to the Generator:

The top surface of the unit may be brought into contact with the subject for a stronger experience and may be beneficial for healing injuries. Where the injured part of the body is very delicate or sensitive, or if the skin is broken, direct contact should not be made directly. Close proximity to the surface (1 to 2 inches) is recommended. Massaging the surrounding areas of the injury can be beneficial as it allows the surrounding tissue to penetrate the energy.

A recommended process is to sit with one or two hands lightly resting on the surface of the generator (with or without the external antenna) this allows the energy to naturally flow through the body. Removal of shoes and placing your feet so they touch the floor or ground will allow a more penetrating and connection to the earth experience.

MASSAGE:

Massage can be administered during the experience as it will allow the energy to flow to particular areas of the body that have blockages. The recommended initial procedure would be to have the person to be massaged stand or sit about 3 feet away from the device and the massager should stand between the generator and the subject allowing the massager to be able to interact with the generator and the subject. The massager should place one hand over the generator (3 to 6" above the surface at first to become familiar with the energy resonance) and the other hand on the person. Explore the body with a single finger or the whole hand and move around the joints and stress areas of the body. The massager will become familiar with the feedback the energy emits and will allow the massager to find blockages and issues naturally over a period of time. Direct contact to the surface or the antenna can be achieved but it is recommended to become familiar to the energy before attempting this. Both the massager and contacted can have a too strong experience if attempting this to soon.

SCALP MASSAGE:

This can be very stimulating in general, though in exhausted individuals, or over-active people it can be very relaxing and even send them to sleep. A sensation of "pins and needles" can be felt as one person gently rubs the fingers through the hair of the other while holding one hand over the generator. If the sensation is too strong, reduce it by increasing the distance away from the generator or by adding more pressure to the scalp or skin. 5 to 10 minutes of this experience can benefit people with depression, Bipolar, lack of mental energy, headache and increase mental acuity and creativeness. Some people feel reenergized and eager to swing into action.

JOINTS and MUSCLES:

Benefits are shown when massaging of chronic areas and injuries (such as muscle sprains, strains, joint pain) can greatly help heal these areas and radically reduce pain.

OPERATOR / OVER EXPOSURE:

In the use of this generator with a number of subjects, a person operating the generator may receive more exposure to the energy than the subjects by proximity. The usual consequences are over-excitement, euphoria, build up of energy or a need to sleep. Simply avoid the energy field for several days and the symptoms will clear leaving the operator with a feeling of well-being.

MEDICAL INDICATIONS:

The Lifestream Generator should not be regarded as a substitute for proper medical attention, a such attention should not be withheld because of the use of the generator. Zero Point Research is not responsible for misuse or unconventional use of the generator. However, the generator does not conflict with most forms of medical treatment and usually appears to give additional benefits. The Lifestream Generator may interfere with the operation certain types of heart pacemakers and should not be used on persons using a heart pacemaker except under expert advice and supervision.